

<p>Aboriginal and Torres Strait Islander identity and connection to culture</p> <p>Always talk with an Aboriginal and Torres Strait Islander person about whether they identify as Aboriginal and Torres Strait Islander and whether they hold close to their culture and traditional healing ways</p>	<p>How are you connected with your traditional culture?</p> <p>What would healing be like in your culture?</p> <p>How do you see this playing a part in your AOD treatment?</p> <p>How is traditional culture and healing important for you in our work together?</p> <p>Is this something you want to embrace now to support your healing from AOD?</p> <p>What opportunities have you had to connect with Aboriginal and Torres Strait Islander healing ways before?</p> <p>Could traditional healing be useful to you now?</p>
<p>Yarn about problems</p> <p>Aboriginal and Torres Strait Islander may not like talking about family or community problems within groups or over the phone.</p>	<p>What would it be like for you talking about this in a group?</p> <p>What do you need to make this safe enough for you to talk in a group?</p> <p>What would work best for you, talking in a group or one to one with someone?</p>
<p>The best fit of mainstream and Aboriginal and Torres Strait Islander AOD services</p> <p>Aboriginal and Torres Strait Islander people may be worried that they know someone in a Aboriginal and Torres Strait Islander service or an AOD support worker. For some, they will worry about confidentiality and information about them going back to their family of community, adding to their shame and possible backlash.</p> <p>Always ask Aboriginal and Torres Strait Islander people what services they would prefer and how you can address any concerns they may have. Never make assumptions.</p>	<p>It is really important that you feel comfortable and safe with any services, and that treatment embraces your Aboriginal and Torres Strait Islander culture and healing ways, if that is what you want.</p> <p>How do you feel about working with Aboriginal and Torres Strait Islander AOD services or workers?</p> <p>Are there any issues we would need to work out with them so you feel good about confidentiality?</p> <p>How do you want Aboriginal and Torres Strait Islander services or workers to support your treatment and healing?</p> <p>You prefer to work with a non-Aboriginal and Torres Strait Islander service. How can we make sure your cultural needs and healing ways are met, if this is what you want?</p>

<p>Look for cultural healing ways to support treatment</p>	<p>How can I support cultural healing with AOD treatment? How can I find out what culturally appropriate supports are available for the parent?</p> <p>Who can I consult with to learn more about this?</p> <p>If there is not a specific Aboriginal and Torres Strait Islander AOD program, how can I get creative to support the parent?</p> <p>Are there programs out of my area that I can talk to for ideas? Who can I talk to in the Aboriginal community to get ideas about how best to support the young person or parent's cultural healing?</p>
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