

Short question	Conversation
<p>What kind of alcohol or other drugs do you use?</p>	<p>I'm wondering or I'm curious about:</p> <ul style="list-style-type: none"> • When you go out to have a good time with friends, what are you likely to drink or use? How do you decide what you will take? How easy is it to get? • Have there been times where it's hard to get or you can't get it? What did you do? What do others you are with do? • Do you drink or use different things at different times? Have there been times you have mixed alcohol or drugs in one session?
<p>What are the people, places, feelings or things that make you drink or use?</p>	<p>I'm really interested to learn about the times that would make you want to drink or use.</p> <p>People</p> <ul style="list-style-type: none"> • Do you have certain people you drink or use with? • How do you decide who? Would you say you plan to drink or use or it just comes up, or something else? <p>Places</p> <ul style="list-style-type: none"> • What places would make you want to drink or use or make it easier for you to? <p>Feelings and emotions</p> <ul style="list-style-type: none"> • Have there been times you have drunk alcohol or used drugs to cope with tough stuff you are going through or have been through? • When you drink or use, what kind of feeling are you hoping for or what do you hope happens?

Short question	Conversation
<p>When has it become a problem or made you unsafe?</p>	<ul style="list-style-type: none"> • Sometimes when people drink or use drugs they are taken advantage of or find themselves in unsafe situations. Can you relate to that? • I'm wondering if this has ever happened to you, or have you seen it happen to someone or heard about it? • I'm curious what your thoughts are on keeping safe. • Tell me about times when you may have felt unsafe or worried when drinking or using. • I am curious to know if you have ever felt worried but not able to speak up at the time. • Have you ever woken up, come down and regretted something that has happened? • On a scale of 0 to 10, with 0 being completely unsafe and 10 being completely safe, how safe do you generally feel when you drink or use? Tell me more about that. • On a scale of 0 to 10, what is the least safe you have ever felt when drinking or using? Why? • Has anyone ever talked with you before about your safety or things to think about or plan for?
<p>What are the good and not so good things about it?</p>	<p>I'm really interested to know more about the things you like about drinking or using.</p> <p>Good things</p> <ul style="list-style-type: none"> • What are the good things about using? • What do you like about the effects? • What would you miss if you weren't using? <p>Not so good things</p> <ul style="list-style-type: none"> • What are the less good things about using? • What are the things you wouldn't miss if you stopped using? • Do you have any concerns about your substance use? • Do these things worry you? What worries you the most? • If you could wake up tomorrow and things about your alcohol or drug use could be better, what would be different? • What would others notice was different? How would you feel inside? • How would you be spending your time?

Short question	Conversation
<p>Developing a safety plan with young people and finding out about their use</p>	<p>Things that may make them unsafe when using AOD:</p> <ul style="list-style-type: none"> • how much they drink or use drugs • how often • the way they take drugs • who they take drugs with <p>What things make it risky for them:</p> <ul style="list-style-type: none"> • how they purchase their AOD • where they use • who they use with <p>Things that can be done right now to make them feel safer or reduce the risks (harm minimisation):</p> <p>Who are safe people they can call on?</p>
<p>Connecting young people to safe adults</p>	<p>Who can be a part of their safety plan to keep safe?</p> <p>Who will be available to talk about AOD use, harm minimisation and keeping safe and healthy?</p> <p>Who can check in with the young person or be there if they need them?</p>